



PEOPLE'S RUN 2 REMEMBER 2016 VENUE DETAILS FOR BERWICK UPON TWEED

<p>Date of People's Run 2 Remember: Sunday 23rd October</p>
<p>Start time of People's Run 2 Remember: 11.00</p>
<p>Name of People's Run 2 Remember venue: Berwick upon Tweed</p>
<p>Venue address: YHA Berwick, Dewars Lane Granary, Berwick upon Tweed, Northumberland Postcode (for SatNav users): TD15 1HJ</p>
<p>Directions to venue by car: From the A1, follow the signs for Berwick Town Centre. On Marygate drive down past the Town Hall and follow the road right onto Hide Hill. At the bottom of the hill follow the road right onto Bridge Street. After approx. 100 yards the Bridge Street Car Park is on your left (there is also a sign for the YHA). The YHA is accessed via this car park.</p>
<p>Public transport details: N/A</p>
<p>Is there parking available at the venue: Yes If yes, is there a charge (and how much is it): A parking disc must be displayed. These cost £1 from local shops.</p>
<p>Will refreshments be available on the day: Yes. The YHA Berwick has a café from where refreshments can be purchased.</p>
<p>Local information which may be of interest to participants: Berwick is England's most northerly town, famous for its Elizabethan Walls, three iconic bridges, its cultural scene, wildlife and beaches. The Lowry Trail may be of particular interest – a walking trail featuring the locations of paintings by LS Lowry. For more information visit: www.visitnorthumberland.com/berwick-upon-tweed</p>
<p>Other relevant information participants should be aware of (eg safety advice): Some of the route is on quiet roads but please be aware that there may be some traffic. Part of the route is 'off-road' and care must be taken in case of uneven ground. The route is 4.8km and takes in part of the town's Elizabethan Walls and the golf course with views of the pier and the coast to the south.</p>
<p>The Berwick upon Tweed People's Run 2 Remember is organised by Tweed Striders. Tweed Striders is a fully inclusive, supportive and sociable running club and, as such, welcomes runners of all abilities. Our training is structured and progressive and all sessions are differentiated so as to accommodate the needs, aims and abilities of all runners from the fast to the 'improvers' and everyone in between. Tweed Striders meet every Thursday at 7pm at the Swan Centre for Leisure. For more details please contact either Caroline McDermott – 01890 818416 – or Judith Thompson – 01289 302723, or you can visit our website (www.tweedstriders.org) or our Facebook page.</p>

MAP OF THE VENUE/COURSE

