



PEOPLE'S RUN 2 REMEMBER 2016 VENUE DETAILS FOR RICKMANSWORTH

<p>Date of People's Run 2 Remember: Saturday 12th November</p>
<p>Start time of People's Run 2 Remember: 11.00</p>
<p>Name of People's Run 2 Remember venue: Rickmansworth Aquadrome</p>
<p>Venue address: Frogmoor Lane, Rickmansworth, Hertfordshire Postcode (for SatNav users): WD3 1NB</p>
<p>Directions to venue by car: The Rickmansworth Aquadrome is accessed from Frogmoor Lane, Rickmansworth. From London, use the A404 to Rickmansworth and turn left at The White Bear (just before the Grand Union Canal) onto Harefield Road, then Right onto Frogmoor Lane after Tesco's. Follow the signs to the start. From the M25 anticlockwise; Exit the motorway at junction 17, take the 3rd exit at the roundabout to a dual carriageway heading south, then the 1st exit at the next roundabout onto Uxbridge Road. At the next Roundabout, take the 3rd exit to Riverside Drive, then 3rd exit to go over the canal. Turn back onto the dual carriageway at the next Roundabout, then as above. From M25 clockwise; Exit the motorway at junction 18, turning left onto Chorleywood Road. At the next roundabout, take 2nd exit onto Rectory Road dual carriageway. Take the 2nd exit at the next Roundabout onto Riverside drive, then as above.</p>
<p>Public transport details: Rickmansworth is on the Metropolitan line of the London Underground, as well as the Chiltern Line. Exit the station onto Rectory Road (dual carriageway) and turn left. At the Ebury Roundabout, cross the first and second roads and turn left, facing a play park. Turn right at the gate into the Aquadrome and follow the signs to the start.</p>
<p>Is there parking available at the venue: Yes If yes, is there a charge (and how much is it): Free</p>
<p>Will refreshments be available on the day: Yes – the "Cafe in The Park" is immediately adjacent to the start and finish.</p>
<p>Local information which may be of interest to participants: The route is level, paved and within an enclosed public park area.</p>
<p>The Rickmansworth People's Run 2 Remember is organised by The Royal British Legion, Rickmansworth & West Hyde Branch. The Rickmansworth & West Hyde Branch of The Royal British Legion has in excess of 560 members, and is second in size of all branches in Hertfordshire. Services include Sky for televised sports, meeting room for hire and a competitively priced licensed public bar. Current plans include repairing the snooker room floor, internal redecorations and, in the longer term, totally redeveloping the site to provide rental accommodation on upper levels while also providing up to date local facilities. New members always welcome.</p>



MAP OF THE VENUE/COURSE

